General College Timeline









Grade Level

Freshman 9th

Students are: Adapting to High school and knowing their A-G requirements

Students are: activities

Junior 11th

Students are: Keeping grades up Starting College list Seniors 12th

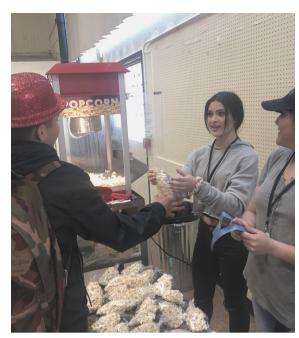
Students are: Applying to college



Sophomore 10th

Starting to get involved in extra curricular







Student

Parent

Support System

- Questions you should be asking • How was school? • What classes are you taking?

Requirements

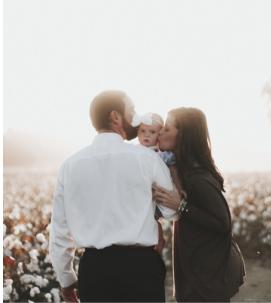
- Adapting to HS --> learning about A-G requirements
- They may feel: Anxiety

To be done (student/parent)

- Learn/understand A-G Requirements
- Make sure student is on track with their A-G









Student

Start to get involved in extra curricular activities

Busy, Keep their grades up, Be involved

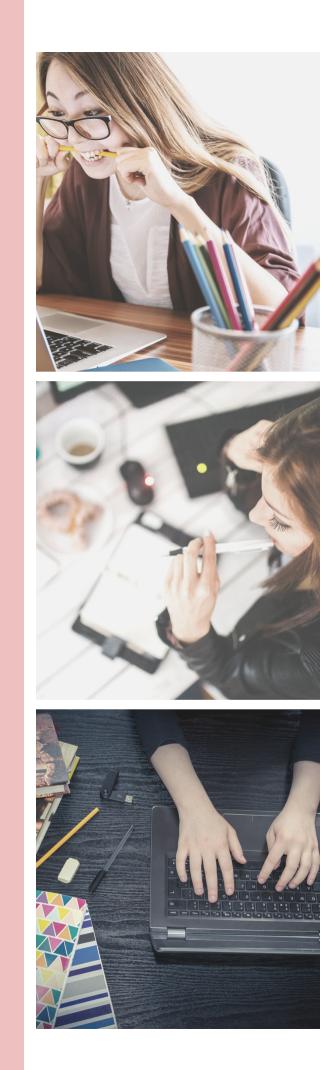
Parent

Support System

Questions you should be asking • What are you doing after school? • How are your grades?

To be done (student/parent) Extra Curricular Activities Join a club/organization (DCAC/Cal-SOAP) Work? Take care of Siblings? Great!





Student

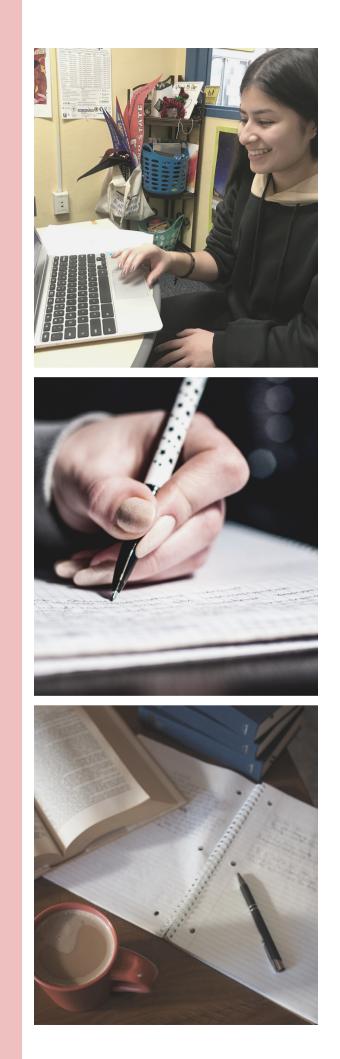
- Parent
- Support System
- Questions you should be asking
- What do you want to study?
- Which colleges/universities are you interested in?
- Start College List and think about which majors they want to study Get informed

- Staying on track, starting college list
- Busy, Staying active, Keeping up grades

To be done (student/parent)

Start thinking about majors/colleges





Student

- **College** Applications Busy, Staying active, Keeping up grades
- Parent
- Support System very involved
- Questions you should be asking • Have you started your Financial Aid app?
- Do you need the tax forms?
- Which schools are you applying to?
- Be organized
- Ask for help CAP's Counselors
- Teachers

To be done:(student/parent)

Parents

COMMUNICATION

It is very important to communicate with our children to better understand where they need support and their situations.

MOTIVATION

It can be a very stressful time and they need that motivation to keep going and finish strong.

INVOLVEMENT

This is important to keep informed and reduce the stress you may feel about their next steps. Also motivates them to keep doing good.

SELF-REFLECTION

How do you feel? Why do you feel this way? Is it valid? What is the best solution and situation for your children?





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